

# SAINT BERNARDINE PARISH

Forest Park, Illinois

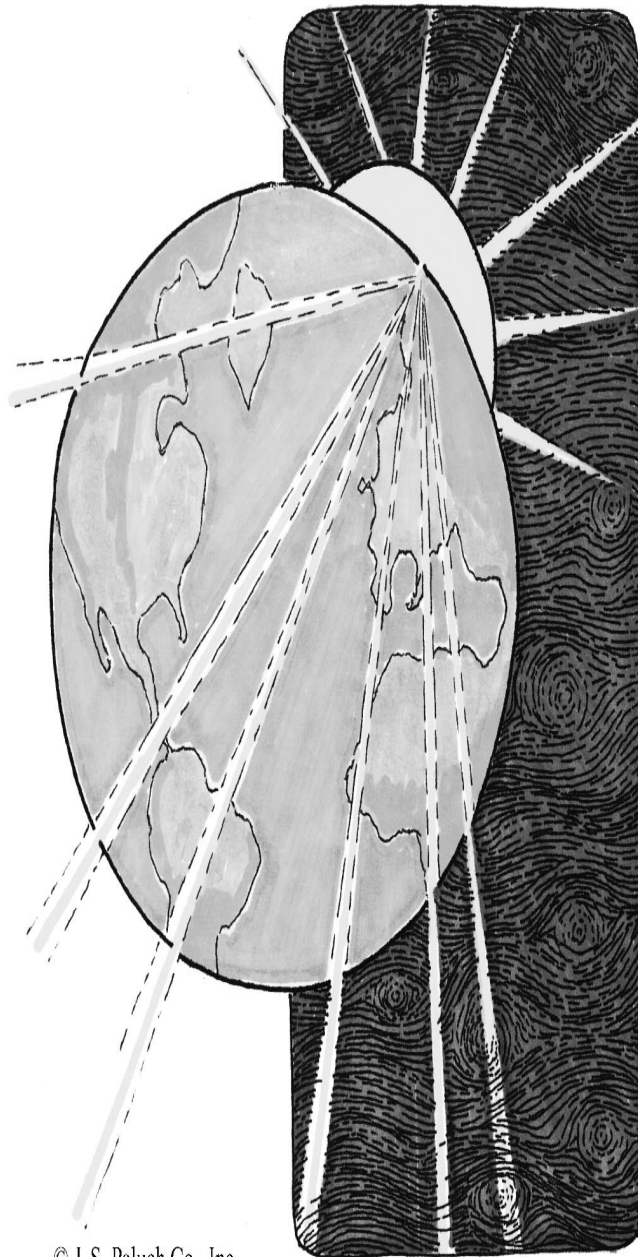
**103 YEARS**

The Chimes



## MISSION STATEMENT

To minister to the spiritual needs of its faith community through worship, service and education and to provide outreach, support, and welcome in an affirming environment. All are called to evangelize and be stewards on the journey, to model the life of Jesus while striving to develop a spiritually active and financially stable faith community.



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**Your  
light  
must  
shine  
before  
others**

**Fifth Sunday in Ordinary Time  
February 9, 2014**

## *Saint Bernardine Church*

7246 W. Harrison Street  
Forest Park, IL 60130

### **Pastor**

Rev. George Velloorattil

### **Associate Pastor**

Rev. Patrick Wangai

### **Pastoral Assistant**

Della DeSonia

### **Parish Secretary**

Kathy Teska

### **Director of Religious Education**

Ann Stauffer

### **Director of Music**

Joseph Burgio

### **Parish Council Chairperson**

Deb Michalak

### **Finance Council Chairperson**

Lisa Gill

## **Monday Night BINGO**

**4:30 PM Doors Open**  
**7:00 PM Start**

## **MASS SCHEDULE**

**SATURDAY:** 8:30 AM & 5:00 PM

**SUNDAY:** 8:00 & 10:30 AM

**WEEKDAY:** Monday thru Friday 6:30 AM

**HOLY DAY:** Check Mass Schedule

**CIVIC HOLIDAY:** Check Mass Schedule

### *Mass for Families 10:30 AM Sunday:*

**PRAY AND PLAY** certified childcare provided for 6 mos-4 yrs. Drop off at the school, the Early Childhood Room 101. No registration or fees. Call Kathy (773) 882-1605 for details.

**LITURGY OF THE WORD** for children 4-12 yrs, where they are dismissed for child-friendly religious instruction and returned to the pew during mass. When there is a Family Mass, the 1st Sunday of the month, children remain in Church.

## **HOLY SACRAMENTS**

### **RECONCILIATION:**

Saturday: 9:00 AM and 4:00 PM  
or call the Rectory for an appointment

### **WEDDINGS:**

Please call the rectory and make arrangements with a priest at least six months in advance.

### **BAPTISM:**

Baptisms are held on the second Sunday of each month during the 10:30 mass. Mandatory meeting for parents and godparents is held the 1st Wednesday in the Convent Dining Room at 7:30 PM. Call 366-0839.

### **CARE OF THE SICK:**

Please inform rectory of anyone confined at home or hospitalized.

### **RELIGIOUS EDUCATION:**

Classes for public grammar school students:  
Sundays, 9:00 - 10:15 AM (K thru 8th grade)  
Tel: (708) 366-3553

**RECTORY:** Tel: (708) 366-0839

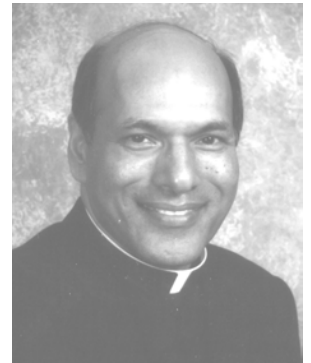
Fax: (708) 366-3136

**E-Mail Address:** st.bernardinechurch@gmail.com

**Web site:** www.stbern.com

**SPRED:** (708) 771-3567

## From the Pastor's Desk



### 20 WAYS TO SIMPLIFY YOUR LIFE ... (Continued)

- 8. Enjoy the simple things:** Sometimes we need to stop, shut our eyes tightly, and then open them again and truly FEEL the moment we're in, the way it looks, the way it sounds, feels, smells and tastes. This is the meaning of living in the moment, and enjoying things that are so basic we hardly really pay them attention anymore.
- 9. Drink a glass of water:** Water is the essence of life, and sometimes we might be better off drinking than binging on junk food that will just increase our anxious feelings.
- 10. Kindness is a blessing returned:** Be kind to others. One day you may be old, sick and in need of kindness yourselves, knowing that you were kind to others and that they want what's best for you is a load off, and will reduce the fear you feel about the future.
- 11. Simplify your life by simplifying your home:** A cluttered house is a cluttered mind, some say. Try and keep a place for everything in your house, keep it clean and tidy. It may seem unrelated, but a clean house makes us feel good about ourselves and helps us concentrate on what's important.
- 12. Stop and find the roses:** Instead of speeding from thing to thing, try taking some extra time with certain tasks, relationships, work and personal projects. That extra time will give you confidence and help you discover things you may miss when you're rushing about.
- 13. Spend some time with simpler folk:** Spending time with those that lead a simple life will help you simplify your own. Their slower pace and calm will leak into your own life, and you'll learn some of their tricks for simpler living.
- 14. Ask advice from those who have been there:** When you encounter a problem, remember that most of them are not new, they have been challenging others as well. Turn to those who have been there, and ask for their advice. Sometimes it takes a village to get through life.
- 15. Forget about perfection:** Don't try to do everything perfectly, you'll probably not succeed. Let go of the illusion of perfection and focus on what you have that is good and true.
- 16. Take a breath of fresh air a few times a day:** Like a smoker on smoke breaks, take breaks to go out and get some fresh air. You'll be surprised how quickly those anxious thoughts can die down while you take a minute to disconnect from anxiety and reconnect with the world around you.
- 17. Take 30 minutes on the weekend to plan your week:** Weekends are a great time to relax and take a little time to plan out what you are going to do this week. Make a list, it'll help you remember and you'll feel more calm dealing with the coming week's challenges.
- 18. Ask people around you more questions:** Sometimes, the things that make us anxious could be solved with a simple question. Don't be afraid to get answers you may not want to hear—in the long run, it'll help to know.
- 19. Take some time to be lazy:** If you can simplify your lives a bit, you may find out you have some spare time. Take some of it to relax, you deserve a little laziness.
- 20. Remember life is longer than you think:** You may change your mind a couple of times throughout, you may grow as a person and want different things, love different people. Accept this fact and you'll see how things stop bothering you as much.

**Weekly Calendar– February 9-16, 2014**

<b>Sunday, February 9</b>	C,K, Hospitality 7:30-1 ANX CCD 8-11 am
<b>Monday, February 10</b>	FH,C,K Bingo
<b>Tuesday, February 11</b>	CD ICF 6:30-9:30 pm CH Prayer Group 6:30-8 pm C Hispanic Deacons 7-9 pm RB St. Vincent de Paul 7:30 pm
<b>Wednesday, February 12</b>	CD Men's Bible Study 8:30-11:30 am CH Bell Choir 6:15 pm CH Adult Choir 7:30 pm
<b>Thursday, February 13</b>	C, KC's 7-9 pm
<b>Friday, February 14</b>	Nothing Scheduled
<b>Saturday, February 15</b>	FH Women's Club Yoga 8:30-9:20
<b>Sunday, February 16</b>	C Youth Group 11:30-1

CD=Convent Dining Room    CH=Church    ANX=School Annex  
 RB=Rectory Basement    C=Cafeteria    UR=Upper Room  
 RD=Rectory Dining Room    FH=Fearon Hall    K=Kitchen  
 CC=Convent Chapel

**Welcome New Parishioners****Are You Registered?**

All Catholics who worship at our parish or who are a part of our parish services are requested to register. In registering, you are becoming an active member of St. Bernardine Parish.

If you have not registered, please complete the following and give the slip to one of the Church Ministers of Hospitality (ushers), priests, or put it in the collection basket and registration forms will be mailed to you. If you would like to phone for these forms, call 708-366-0839. You are not considered registered until the Pastor receives your completed registration form.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ email address \_\_\_\_\_

Date: \_\_\_\_\_

How long have you been coming to St. Bernardine Church?  
 \_\_\_\_\_

**BOOK CLUB**

Cold weather, snow, rain, what next? Staying inside and reading our next book: We Are Completely Beside Ourselves by Karen Joy Fowler. We will meet Wednesday, February 12, 7 pm at Mary Hofmann's home, 508 Marengo in Forest Park. Join us! Contact [Iberibak@att.net](mailto:Iberibak@att.net) with questions.

**PLEASE JOIN US**

(donuts & coffee will be served)

All parishioners are invited to two Very Informative presentations to strengthen our bonds as a family:

- 1) Family Prayer Life  
Sunday, Feb 9, Annex 9:00-10:15
- 2) Lent: eat differently, pray, give  
Sunday, March 2, Annex 9:00-10:15

**GOD'S SUMMONS**

If we are not able to witness concretely to the love of Christ in our lives, then we are truly salt that has gone tasteless. Our flavor and impact are lost. How difficult it is to get them back again.

In the late 1940s the Christophers movement began in the United States. The Christophers' motto, "It is better to light one candle than to curse the darkness," attracted many through the Christophers' effective use of the media, advertising, and the encouragement of its members to proclaim Christ in the workplace.

Jesus calls us to be that candle and to set ourselves in the most visible place. Jesus, who brought eternal light to the world, tells us that we, too, are the light of the world. Through our words and actions we must let our light shine in the sight of all so that in seeing our good works, everyone may give praise to God.



## Pray For Our Sick

Andrea Ozello, Karen Carnes, Bob Teska, Paul Pocius, Olivia Lucia, Alyce Horan, Ken Wojtas, Millie Ozello, Paula Coonen, Martha Capron, Mary Meszaros, Richard Trindle, Agnes Woytek, Tony Burgio, Mary Jane Robinson, Rosemarie Beribak, Lorraine Boy, Dan Martone, Henrietta Daniello, Roger Dominowski, Frances Boyd, Shirley Hamilton, Mary Lou Dziekanowski, Judy Walters, John Spence, Tony Jumaoas, Michael Levanduski, Francine Hunt, Tony Fitzpatrick, Grace Belmonte, Jack Belmonte, Nick Lococo, Karen Vanalek, Walt Fletcher, Michael Solberg, and Fr. Frank Grady. Please pray for these parishioners, their families and caregivers. Please call the parish secretary to add or delete names on the list. *Names will automatically be removed after 3 months unless renewed.*

## St. Bernardine Organizations

Please join one of your organizations:

ALTAR SERVERS: Father George, (708) 366-0839  
 BAPTISM CLASS: Helen Kreidermacher, (708) 771-3567  
 BINGO: Deb Michalak, (708) 366-1323  
 BOOK CLUB: Lin Beribak, (708) 771-3386  
 BUILDINGS & GROUNDS: Kevin Hibbits, (708) 488-1075  
 EUCHARISTIC MINISTERS: Julie Doloszycki,  
 (708) 366-4382  
 FIL-AM PARISHIONERS: Leonora Acostafiad,  
 (708) 771-6327  
 FINANCE COUNCIL: Lisa Gill, (708) 848-6454  
 HOSPITALITY: Kathy Capron Jankun, (773) 882-1605  
 ITALIAN CATHOLIC FEDERATION: Al Cimino,  
 (708) 345-4173  
 KINGDOM RETREAT: Jim Murray, (708) 366-8427  
 KNIGHTS OF COLUMBUS: Wally Westervelt,  
 (708) 488-9434  
 LECTORS: Mary Beth Beal, (708) 366-7567  
 LITURGY COMMITTEE: Fr. George, (708) 366-0839  
 MUSIC MINISTRY: Joe Burgio, (773) 947-2155  
 PARISH COUNCIL: Deb Michalak, (708) 366-1323  
 PRAY & PLAY: Kathy Capron Jankun, (773) 882-1605  
 PRAYER GROUP: Betty Huebner  
 PRAYER SHAWL MINISTRY:  
 Helen Kreidermacher, (708) 771-3567  
 R.C.I.A.: Father George, (708) 366-0839  
 RELIGIOUS EDUCATION: Ann Stauffer, (708) 447-6894  
 RESPECT LIFE COMMITTEE: Leslie Huzyk,  
 (708) 366-7441  
 ST. VINCENT DePAUL: Jim Murray, (708) 366-8427  
 SPRED: Helen Kreidermacher, (708) 771-3567  
 USHER: Tom Gill, (708) 848-6454  
 WOMEN'S CLUB: Patty Mullin, (708) 848-1214  
 WOMEN'S CLUB: Chris Dunaway, (708) 366-4497  
 YOUTH GROUP: Kathy Capron Jankun, (773) 882-1605

## Musical Notes

Each weekend we sing a selection from the Book of Psalms. We sometimes also sing a biblical song from one of the other books in the Old or the New Testament. Father George mentioned recently that there are songs in the Book of Isaiah. These songs are sometimes referred to as “canticles”. Canticles have been defined as “psalms which are not in the Book of Psalms”. Although the New Testament does not contain a counterpart of the Book of Psalms in the Old Testament, there are four canticles in the first chapter of the Gospel of St. Luke. This is the portion of St. Luke’s Gospel which is referred to as the infancy narratives, and is unique to that gospel. The Canticle or Song of Mary is the first. It is Mary’s response to the greeting of her cousin Elizabeth. We have sung two settings of this text, #83 *Holy Is Your Name* and #527 *Canticle of the Turning*. Coincidentally, these texts are both set to Irish tunes, *WILD MOUNTAIN THYME*, and *STAR OF THE COUNTY DOWN*. Also referred as the *Magnificat*, it is sung each day during the Liturgy of the Hours, during Evening Prayer (*Vespers*). We sing the second canticle, the Song of the Angels, on each Sunday and major feast, as we sing the *Gloria*. The third canticle is the Song of Zecariah. Zecariah was the father of St. John the Baptist. This canticle is Zecariah’s prophesy of the role that would be played, St. John the Baptist. This canticle is sung each day during Morning Prayer (*Matins*). Last weekend we sang the fourth canticle, The Song of Simeon, #767, *Now Let Your Servant Go*. This canticle is also known as the *Nunc Dimittis*, for the first words of the Latin translation. It is sung each day during Night Prayer (*Compline*).

*Soli Deo Gloria*

## CHURCH WEBSITE ONLINE

<http://www.stbern.com/parish>

Parish organizations will be able to advertise activities on your own web page linked to:

<http://www.stbern.com/parish/organizations.htm>

For more information contact Elizabeth Carpenter at [ebethink@gmail.com](mailto:ebethink@gmail.com) or 312-391-9552.



## Mass Intentions

*February 9-16, 2014*

### Sunday, February 9

8:00 am † Mathilde Mader

10:30 am † Stanley Kozar

### Monday, February 10

6:30 am † Anna Simon

### Tuesday, February 11

6:30 am † Thomas Joseph

### Wednesday, February 12

6:30 am † Elizabeth Matthew

### Thursday, February 13

6:30 am † James Simon

### Friday, February 14

6:30 am † Valentin & Ignacia Lona

### Saturday, February 15

8:30 am † Faustina Moreno

5:00 pm † Peggy O'Brien Wagner

† Christ Moskos

### Sunday, February 16

8:00 am † Arcadia Ymbong

10:30 am † Mark Felix

## ARTICLES FOR THE CHIMES

It is recommended that articles are submitted by Thursday, for the following week's submission. In other words, articles should be in at least 10 days before you would like them to appear in the *CHIMES*.



## Weekly Readings

Monday:	1 Kgs 8:1-7, 9-13; Ps 132:6-7, 8-10; Mk 6:53-56
Tuesday:	1 Kgs 8:22-23, 27-30; Ps 84:3-5, 10-11; Mk 7:1-13
Wednesday:	1 Kgs 10:1-10; Ps 37:5-6, 30-31, 39-40; Mk 7:14-23
Thursday:	1 Kgs 11:4-13; Ps 106:3-4, 35-37, 40; Mk 7:24-30
Friday:	1 Kgs 11:29-32; 12:19; Ps 81:10-11ab, 12-15; Mk 7:31-37
Saturday:	1 Kgs 12:26-32; 13:33-34; Ps 106:6-7ab, 19-22; Mk 8:1-10
Sunday:	Sir 15:15-20; Ps 119:1-2, 4-5, 17-18, 33 -34; 1 Cor 2:6-10; Mt 5:17-37 [20-22a, 27-28, 33-34a, 37]

## Collections

### 2/2/14 COLLECTION

Envelopes ( 108).....	\$3,393.05
Loose Checks & Cash.....	\$654.20
SUNDAY COLLECTION TOTAL.....	\$4,047.25
BUDGET COLLECTION.....	\$6,954.00
DEFICIT .....	\$2,906.75
BUDGET TO DATE.....	\$215,574.00
JANUARY ELECTRONIC CONTRIBUTIONS.....	\$1,815.00
SUNDAY INCOME TO DATE.....	\$156,180.32
(INCLUDING ELECTRONIC CONTRIBUTIONS)	
SUNDAY COLLECTION DEFICIT TO DATE .....	\$59,393.68

SAINT BERNARDINE NEEDS YOUR TIME AND TALENT  
AS WELL AS YOUR TREASURE

## ELECTRONIC CONTRIBUTIONS

Electronic contribution is an automatic transfer program which allows you to make contributions without writing checks. If you have any questions you can call Kathy at 366-0839.



## Liturgical Roles

*February 15 & 16, 2014*

### Celebrants

5:00 pm	Fr. Bill Zimmer
8:00 am	Fr. George Velloorattil
10:30 am	Fr. George Velloorattil

### Readers and Lectors

5:00 pm	Helen Kreidermacher
8:00 am	Kristen Westervelt
10:30 am	Aggie Stempniak

### Eucharistic Ministers

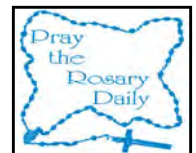
5:00 pm	Sister Sarah, Judy Fletcher, Joan Hopkins
8:00 am	Mary Gosmire, Dawn Leninger, Kristin Robins
10:30 am	Chuck Eitz, Jim Plepel, Mary Beth Beal

### Servers

5:00 pm	J. Gordon, F. Mott, P. Strauss
8:00 am	K. Raza, R. Dass, T. Gill
10:30 am	K. Liesse, G. O'Connor, S. Demes

### Cantors

5:00 pm	TBA
8:00 am	TBA
10:30 am	TBA





## Kingdom Lenten Mini-Retreat

**EVENT LOGISTICS:**  
Saturday,  
March 29, 2014

St. Bernardine  
Fearon Hall

815 South Elgin  
Avenue, Forest Park

**FOR REGISTRATION  
OR MORE INFO,  
PLEASE CONTACT:**

Jim Murray  
708-366-8427

Julia Doloszycki  
708-366-4382

Audrey Molaro  
630-510-1612

Laura Hogan  
708-366-7304

Are you looking for spiritual refreshment,  
but you couldn't get away for a weekend?  
Or couldn't afford it?

We have the answer for you:

- A 1-day mini-retreat –  
8:00 AM – 5:00 PM, Saturday, March 29, 2014
- \$15.00 registration fee – includes continental  
breakfast, lunch, snacks and materials
- Time for reflection, sharing and listening to  
others' faith journeys
- Reconciliation service at end of the retreat

Come and experience a Lenten  
Mini-Kingdom Retreat in the friendly confines  
of St. Bernardine Parish.

Please feel free to bring a friend with you.

*Note: Feel free to bring a cushion for your chair seat.*

### Raising Faith-Filled Kids • One Word at a Time

## Open



© Image Source/Getty Images.

It's a painful day when your child comes home from school or play feeling broken-hearted and betrayed by friends. His or her natural reaction—and sometimes ours—is likely to become angry and spiteful. Your child may stop trusting because it's easy for a heart to harden. But Jesus calls us to live openheartedly, ready to reconcile, trust, and forgive. That's a tough lesson to master, but one that is at the very heart of being a disciple of Jesus ("Forgive us our trespasses as we forgive those who trespass"). We parents do our children no favors when we encourage resentment or spite. Instead, through our words and especially our example, we can invite them to the deeper satisfaction of living with hearts that are open to trust, forgiveness, and love. —Tom McGrath

### YEAR OF STRONG CATHOLIC PARENTS

The ARCHDIOCESE OF CHICAGO in partnership with LOYOLAPRESS.

For more parenting resources: [www.loyolapress.com](http://www.loyolapress.com)  
[www.CatholicParentsChicago.org](http://www.CatholicParentsChicago.org)

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### 2014 ARCHDIOCESAN ANNUAL CAMPAIGN BEGINS

The 2014 Annual Catholic appeal is underway. Many of our parishioners have received a mailing from Cardinal George. He asks that you make a pledge to the 2014 *Annual Catholic Appeal*. Please respond generously.

This year, the theme of the Appeal is: *You are the temple of God*. We are living temples of God and carry His true presence into the world. He calls us to share our gifts with others.

As we contemplate His gifts to us, we should also reflect on our gratitude for these gifts. Your financial support for the work our parish, of our Archdiocese and of the Church throughout the world is, in fact, one way to express this gratitude.

As you review the mailing from Cardinal George, please note the ministries and services funded by the Appeal, including the ones that directly support the work of our parish. Then please give generously. Note that when our parish reaches its goal of \$19,549 in paid pledges, 100% of the additional funds received will be returned to us for use in our parish.

CHURCH NAME AND ADDRESS

St. Bernardine Church #112500  
7246 W. Harrison Street  
Forest Park, IL 60130

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BULLETIN EDITOR

Kathy Teska

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SPECIAL INSTRUCTIONS